

## Kit List

*There can never be a definitive kit list for going to sea, but we can give you a starting point for packing for your courses, cruises or days on the water. All your gear should be packed in a collapsible bag for optimum storage.*

### Clothing

- Warm hat
- Peaked or brimmed hat
- Buff or neck warmer
- Oilskins
- Smock jacket
- Warm jumper
- Long-sleeved top
- Short-sleeved top
- Thermal base layers
- Shorts
- Comfortable trousers
- Socks
- Waterproof / warm socks
- Suitable footwear
- Sailing boots
- Underwear
- Gloves
- Sunglasses
- Ski goggles (for very wet days)
- Comfortable saloon wear
- Shoreside attire

### Domestic Kit

- Towel
- Sleeping bag
- Pillow case
- Bed sheet
- Toiletries
- Personal electronics
- Dry bags
- Water bottle
- Wet wipes

### Admin

- RYA G158
- Sailing notes
- Favourite sailing theory book
- Reading book
- Notepad
- Handbearing compass
- Ardent Training Pro-Forma
- Personal logbook
- Pencil case
- Sticky notes
- Plotter and Divider
- Suitable publications

### Warm Destinations

- 12V / USB fan
- Suncream
- Swim gear
- Light bed sheet

### Cold Destinations

- Hand warmers
- Extra hats and gloves
- Warm jacket
- Hot flask

### Others

- Multi tool
- Personal favourite snacks
- Headtorch with red light
- Ear plugs